



SEPTEMBER 2016

Campaign runs  
September - December  
2016

# Make your coffee count

## Support the Alzheimer Society of Niagara Region by hosting a Coffee Break® event.



### Alzheimer Coffee Break® 2016 Kick-off



## NIAGARA

REGIONAL POLICE SERVICE

On September 15, 2016, our local Coffee Break Kickoff was held in the Courtyard adjacent to Headquarters of the Niagara Regional Police Service in St. Catharines. Honourary Chair, Chief of Police, Jeff McGuire hosted a well-attended community BBQ.



From to left right: John Pula, Alzheimer Society Niagara Foundation Board Member; Police Chief Jeff McGuire; Bob Miller, Chair, Alzheimer Society Niagara Foundation; Vic Kersch, Alzheimer Society Niagara Foundation Board Member.



Cheque presentation of \$25,000 from the Niagara Marine Industry Charitable Council, raising over \$150,000 to date for the Society! From to left right: Ian Hill, Dilts Piston Hydraulics Inc., Teena Kindt, CEO, Alzheimer Society Niagara Foundation/Alzheimer Society of Niagara Region; Police Chief Jeff McGuire; Bob Miller, Chair, Alzheimer Society Niagara Foundation; John Kuchyt, Kuchyt Marine Services.



## MAKE YOUR COFFEE COUNT!

### SEPTEMBER IS WORLD ALZHEIMER'S MONTH

Between September 2 and September 21, walk into your local Bulk Barn, a long-timer supporter of Coffee Break, and purchase a coffee decal. When you buy your decal on September 21, World Alzheimer's Day, the local store and head office will match your donation.

#### St. Catharines:

- 525 Welland Ave.
- 420 Vansickle Rd.
- 210 Glendale Ave.

#### Niagara Falls:

- 3714 Portage Rd.
- 7481 Oakwood Dr.

#### Welland:

- Seaway Mall, 800 Niagara St. N

#### Fort Erie:

- International Gateway Centre, 450 Garrison Rd.

Help us reach Niagara's goal to raise \$100,000 this year.

CAMPAIGN RUNS SEPTEMBER - DECEMBER 2016

Order a FREE Coffee Break Kit by calling Terry at

905-687-6856 ext. #556 or [tmcdougall@alzheimerniagara.ca](mailto:tmcdougall@alzheimerniagara.ca)



## BulkBarn





Public Forum

LEGAL & FINANCIAL ISSUES

Wednesday, October 12, 2016

6:30 - 8:30pm

Alzheimer Society of Niagara Region  
#1 - 403 Ontario Street, St. Catharines  
Pfizer Room

Presented by

Erich Knerr, Treatment Decision Consultant, Public Guardian and Trustee

This forum discusses the role of the Office of the Public Guardian and Trustee while addressing Power of Attorney and the role of the Substitute Decision Maker.

Everyone Welcome, Free of Charge. Please call 905-687-3914 to register.



Next Steps & Care Essentials

Next Steps and Care Essentials offers an opportunity for families and friends of individuals with a diagnosis of dementia to learn more about dementia, develop caregiving strategies, and become familiar with community resources and supports. The series is offered monthly in the Niagara Region. Must pre-register by calling the office.

Week #1:

Overview of Dementia & Brain Health

Week #2:

Understanding Behaviour & Communication Strategies

Week #3:

Supportive Strategies & Caring for Yourself

Week #4:

Adapting to Care Needs & Role Changes

Fort Erie  
YMCA

1555 Garrison Rd.

1:00 - 3:00 pm

- Tues. Oct. 4
- Tues. Oct. 11
- Tues. Oct. 18
- Tues. Oct. 25

Grimsby  
YMCA

325 Main St. E.

1:30 - 3:30 pm

- Thurs. Oct. 6
- Thurs. Oct. 13
- Thurs. Oct. 20
- Thurs. Oct. 27

Brain Wave Cafés are in Your Community!

The Brain Wave Café provides an opportunity for individuals concerned about cognitive change and dementia, to ask questions and become familiar with community resources and supports. Drop in!

Centre de Santé Communautaire

(Francophone Brain Wave Café)

810 rue East Main, Welland

1st & 3rd Tuesday of the Month

1:30 - 3:00 pm

St. John Anglican Church

(Niagara Falls Brain Wave Café)

3428 Portage Rd., Niagara Falls

1st & 3rd Wednesday of the Month

1:30 - 3:00 pm

Mountainview Christian Reformed Church

(Grimsby Brain Wave Café)

290 Main Street East, Grimsby

1st & 3rd Thursday of the Month

1:30 - 3:00 pm

Goodwill Community Centre

(Welland Brain Wave Café)

1 Churchill Ave. Welland

2nd & 4th Tuesday of the Month

1:30 - 3:00 pm

Royal Canadian Legion

(St. Catharines Brain Wave Café)

2 Chestnut St., St. Catharines

2nd & 4th Tuesday of the Month

1:30 - 3:00 pm

Thorold Public Library

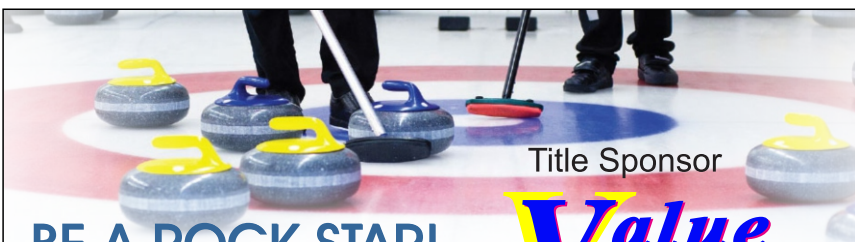
(Thorold Brain Wave Café)

14 Ormond St. N, Thorold

1st & 3rd Wednesday of the Month

1:30 - 3:00 pm

Curl for Memories



Title Sponsor



BE A ROCK STAR!

\$40 per Curler includes:

- Lunch
- Two 6 End Games
- 9:30 am or 11:30 am Draw
- Penny Sale Table
- Door Prizes
- Silent Auction

Curl for Memories  
Niagara Falls Curling Club  
Saturday, November 5, 2016



To register, contact  
Terry McDougall at  
905-687-6856 ext. 556

tmcdougall@alzheimerniagara.ca