

Alzheimer Society of Niagara Mission Statement

The mission of the Alzheimer Society of Niagara Region is to improve the quality of life for people with Alzheimer disease and related dementias and their caregivers.



Alzheimer Society of Niagara Primary Role

The primary role of the Alzheimer Society is to advocate for and partner in the provision of services to people with dementia and their caregivers.



If you would like to take part in the
Caregiver Café, please call:

905-687-3914



Société Alzheimer Society
NIAGARA REGION

403 Ontario Street, Unit #1
St. Catharines, On L2N 1L5
www.alzheimerniagara.ca



Société Alzheimer Society
NIAGARA REGION

CAREGIVER Café

An Opportunity for Individuals
in a Caregiving Role



The Caregiver Café is Now Open!

Welcome family, friends, spouses,
& adult children in a caregiving role
to the Caregiver Café...

This program, designed especially
for Caregivers, will be taking place
once per week at the Alzheimer
Society of Niagara Region's Family
& Community Resource Centre
located in St. Catharines, Ontario.

The Caregiver Café is an opportunity
for individuals in a caregiving role to
join their peers and take part in some
stress relieving activities.

The Caregiver Café, which has three
components, will give you the option
of joining us for some social time over
a cup of coffee, taking advantage of
salon services offered right here at the
Alzheimer Society building, or to join
in a weekly activity.

The Caregiver Café Monthly Calendar...

A monthly calendar is available at
the Alzheimer Society of Niagara
Region, or you can check it out on the
website: www.alzheimerniagara.ca.

The calendar details some of the
planned activities as well as the dates
and times available for our various
salon services.

We would like nothing more than to
have you enjoy some of the activities
and services offered.

If you would like to take part, all you
do is look at the calendar and choose
a day that works for you. Once you
have decided on a day and an activity
or service, give us a call and we'll
sign you up. That's how easy it is!

This program is available at *no cost*
to Caregivers. We hope that you will
come out and give it a try!

The Caregiver Café What You Should Know...

The Caregiver Café is FREE!

There is limited space so call early.

All services and activities take place
at the Alzheimer Society.

If you plan to have your hair styled or
cut, please come with hair freshly
shampooed.

Although all services and activities are
provided by volunteers, a *gratuity is
not necessary*.

If for some reason you need to cancel
or change your scheduled activity,
please call us to let us know.

If you would like to take part in the Café
please call us at 905-687-3914 and we
will be happy to have you join us.

We welcome your comments and your
suggestions!

